



A Voice in the Wilderness

ST. ANDREW'S IN THE PINES EPISCOPAL CHURCH

Volume 9, Issue 7

July 2004

The Vicar's Voice



Father Bob says goodbye

Editor's note: In this time of transition from Fr. Bob to Fr. Wes, Barb Wise volunteered

to express her thoughts in this Vicar's Voice. Next month Fr. Wes will be on board. We welcome him and Laura!

My life at St. Andrew's has enriched my journey to Christ. I am grateful and thankful for these things: a challenging monthly read with Mary, music with children and Coralee, teachers of children and teens, good food and company at Seven At Six dinners, our health ministry under Fran's able leadership, young acolytes who serve so well, Family Night fun, a faithful altar guild, directed by Pat,

who sees to it that the altar is well and appropriately appointed, a first-rate newsletter produced each month by Irene, the coming together of young and older for intergenerational worship, those who provide weekly culinary delights for after-church fellowship, the hospice group led by Judy (our deacon who has taken a leave of absence), those who clean, repair, trim and mow, the Bishop's committee which governs with sincerity and sensitivity, those who manage finances, rotas, calendars, and phone tree, Fr. *(Continued on page 3)*

Check it out!

- TETONWELLNESS.ORG
- RANCH MASS AUG 1
- NEW PRIEST IN PINEDALE!
- PIE SALE COMING SOON!

Senior Warden's Report



Fred Petersen

Our substantial efforts are about to come to fruition with the arrival of our new Vicar, Fr. Wes Shields and his wife, Laura. You all are certainly aware of the effort, research, thoughtfulness, and prayer which have gone into our se-

lection process. This should not be treated as the end of a process, but rather, as an exciting beginning to a new period.

I ask you all to enter this new period with open minds and hearts. We should begin this period without preconceived ideas or prejudices. Let us warmly welcome Wes and Laura into our family, remembering that this is a very new and different course for them also.

I also wish to thank Randy and his moving and cleaning crews for their work, as well

as my landscape crew for their continued work on the Church and Vicarage gardens. And thank you to everybody who has put in so much good effort and work during this interim period. We can now look forward to the constancy and inspiration which will come with our full time Clergy.

Respectfully submitted,
Fred Petersen, Senior Warden

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A Voice in the Wilderness



Meghan Collier

I ASK THAT WE ALL MAKE A LITTLE EXTRA EFFORT TO HELP OUR FELLOW BROTHERS AND SISTERS IN CHRIST, NO MATTER THE CULTURE OR LANGUAGE, IN WHATEVER CAPACITY WE CAN EXTEND.

Cultural Bonds, by Meghan Collier

¡Bienvenido! ¡Nuestra casa es tu casa! ¡Dios le bendiga! If you are unfamiliar with the warmth of the Latino culture, an individual of this population will not leave you out in the cold. Having studied abroad in Mexico and traveled on mission trips to both Mexico and Honduras, I have had the wonderful experience of being engulfed in an ocean of hospitality. Known for their warm, giving and welcoming spirit, Latinos, in my experience (as well as in my friends'), make you feel comfortable and a part of their family whether you are a stranger or close friend. Individuals of this culture will lovingly open their homes and extend every form of generosity in their power to their "guests" even if they are living in extreme impoverished conditions. Each experience I encountered while in Mexico and Central America where I was on the receiving end of such immense benevolence, I was extremely humbled and wanted somehow in my heart to be able to return the kindness shown me, a stranger in their land.

While studying abroad in a foreign country, I experienced the feelings of paralysis and debility struggling to understand the language, let alone

be understood. Luckily for me I was surrounded by patient, compassionate, and Godly people who assisted me through my fumbling. Upon returning to the United States, God presented me with an opportunity to give back a small piece of the kindness shared with me to my community. Throughout my junior year at Hope College I became involved in two English as a Second Language (ESL) programs as well as a Spanish GED program. Within each of the volunteer experiences I was, yet again, taken aback by the humble kindness and giving hearts shown to me, their tutor, by the Latino individuals participating in the programs. It is amazing to me how communication can flow and relationships can be built despite language barriers. God's beautiful gifts of smiles, love, and compassion reach beyond languages and across borders as I found out both abroad and in the United States.

As I spend my summer in Pinedale, God is at work using my meager Spanish skills. I have been blessed with the opportunity to help two individuals adjust to the American culture and teach them English. These individuals, despite

what we might consider tremendous sacrifices and dire circumstances, are jolly, full of joy, and eager to perform the best job possible. Although it may appear that I am the one teaching them, I am, once again, on the receiving end of much generous life lessons. My new friends have taught me the meaning of commitment to family, true optimism, and humility that only individuals who understand sacrifice, faith, and hope can teach.

Contemplating the many lessons that my Latino friends have so graciously taught me, I can only hope that I too will be able to extend the same hospitality to others. Each experience has allowed me to grow as a person and a Christian as I learn the true meaning of Christian fellowship and love. As an individual who has been placed in a position of not knowing the native tongue spoken, I ask that we all make a little extra effort to help our fellow brothers and sisters in Christ, no matter the culture or language, in whatever capacity we can extend. Compassion and love go along way, many times further than words.

Bishop's Committee of St. Andrew's
Senior Warden, Fred Petersen
Junior Warden, Randy Belton
Treasurer, Caroline Brazell
Clerk, Caroline Ferguson
Worship, Gail Randall
Outreach, Sarah Hixon
Communications, Cally McKee
Chris. Ed/Youth, Carol Chidsey
Hospitality/Evan, Juli James

Thank you!

A big "THANK YOU" goes out to Jon Boroff, Sam & Katie McClure (Cap and Macy too), and Colin & Gloria Carrier for giving of their time and effort in cleaning the vicarage in preparation for Wes and Laura. Thanks for all you do!!

Mission Statement: "St Andrew's strives to provide a welcoming, diverse and intergenerational fellowship of worshippers, united in the Anglican tradition, serving the body of Christ, and committed to personal responsibility in our ministry."

Come to the Retirement Center! Lois Decker

Within our small, close knit community comprising of friends, our homes, church, and town, lives another community. These are the residents of the Sublette Retirement Center. At any time please consider visiting our friends living in the

center. Your help for the Monday morning Episcopal service at 10:45 am is very welcome and needed. Many hands make it easier to attend to the needs of the residents including passing out and collecting materials. Addition-

ally, there is great joy in the one-on-one ministry of sitting with individuals, visiting with them, giving them hugs, and letting them know someone cares.



The Vicar's Voice Continued

(Continued from page 1)

Bob who taught and preached so well, the hugs and smiles we give each other, the support we receive from our church family when we are devastated, ill or distressed. In short, I am proud and thankful for each of the facets that make St. Andrew's a

unique gem. As we enter into a new phase of life at St. Andrew's with the coming of Fr. Wes and Laura, I hope we will be able to put aside some of the nagging, frustrating situations and complaints which may sometimes make us critical and hard of heart. It's not always an easy thing to do.

But we can respect and love each other and learn from each other so that we may step into the future with joyful, grateful hearts. After all, we are all the **same** under God, in Christ Jesus, and with the Holy Spirit. Peace and love,
Barb Wise

I AM PROUD AND
THANKFUL FOR
EACH OF THE
FACETS THAT
MAKE ST.
ANDREW'S A
UNIQUE GEM.

What: Ranch Mass

When: August 1, 10 am, 2004

Where: Van & Marilyn Huffman, 86 Beaver Run Road

Phone: 367-2178

Directions from church

1: Start out going East on W PINE ST/US-191 toward JUANA AVE. Continue to follow US-191.	1.41 miles
2: Turn LEFT onto FAYETTE POLE CREEK RD.	3.07 miles
3: Turn RIGHT onto ANTELOPE TRL.	0.22 miles
4: Turn LEFT onto ELK RUN RD.	0.05 miles
5: Turn RIGHT onto ANTELOPE TRL.	0.50 miles
6: Turn RIGHT onto W MOOSE RD.	0.25 miles
7: Turn LEFT onto BEAVER RUN RD.	0.19 miles
Total Distance:	5.71 miles
Estimated Drive Time:	17 minutes



A Voice in the Wilderness

Health Ministry News



Fran Milde, RN Ph.D

IRENE AND I ATTENDED THIS FESTIVAL LAST YEAR AND FOUND IT TO BE A VERY REWARDING EXPERIENCE. WE INVITE THE ST. ANDREW'S COMMUNITY TO JOIN US THIS YEAR..

From time to time this column will have guest authors. This month, Irene Wherritt will write about the upcoming wellness festival. Irene and I attended this festival last year and found it to be a very rewarding experience. We invite the St. Andrew's community to join us this year. Fran Milde.

Teton Wellness Festival. The second annual Teton Wellness Festival (excerpted from tetonwellness.org), taking place September 25-27, 2004, provides a perfect seasonal metaphor for transformation. Aspens quaking, moose in their prime, elk bugling, and swans trumpeting as they migrate south all represent how nature moves in harmony with the environment. This shift of energy during the change of seasons creates an ideal setting for personal transformation and growth. Join the valley of Jackson Hole in celebrating the wildness and abundance of human spirit.

In addition to the keynote speakers there will be over 26 presentations, including 10 featured speakers who will conduct more in-depth study with half-day workshops. Adding to the impressive list of speakers is an Exhibit and Hands-on Hall with more than 50 exhibitors and an Experiential Movement Studio offering an array of movement practices. These programs are designed to be insightful and informational in creating a balance of joy, acceptance, strength and flexibility of mind, body, spirit, environment, and community.

The three keynote speakers are:

Larry Dossey, M.D is regarded as a pioneer in the field of Mind-Body Medicine. He is recognized as one of the world's foremost authorities on the synergy of physical health and spiritual awareness. Dossey graduated with honors from the University of Texas and earned his medical degree from Southwestern Medical School in Dallas in 1967. Before completing his residency in internal medicine, he served as a



battalion surgeon in Vietnam, where he was decorated for valor.

His medical training did not prepare him for patients who were blessed with miracle cures that clinical medicine could not explain. These scientifically unexplainable events demonstrated to him that medical science does not have all the answers to healing especially when applied to the mind-body connection.

Dossey has published numerous articles and is the author of nine books including *Space, Time & Medicine* and *Beyond Illness* examining the role of the human mind in health and illness. His book *Recovering the Soul: A Scientific and Spiritual Search* explores the nature of human consciousness and the possibility of a Universal Mind. *Healing Words, Prayer is Good Medicine* and *Be careful what you pray for* discuss the role of prayer in health. His most recent book *Reinventing Medicine* explores the role of the infinite mind in health and medicine.

Dossey's goal in his books is to anchor the integrative health movement in a model that is scientifically respectable while supporting mankind's spiritual needs. "I used to believe that we must choose between science and reason on one hand, and spirituality on the other, in how we lead our lives. Now I consider this a false choice. We can recover the sense of sacredness, not just in science, but perhaps every area of life." – Larry Dossey

Caroline Myss is a leading voice in the field of energy medicine and human consciousness. With degrees in journalism, theology, and energy medicine, Myss has worked since 1982, as a medical intuitive – one who sees illnesses in a



patient's body by intuitive means. Through her seminars and workshops, she teaches individuals how to see and understand the emotional, psychological and physical patterns that can develop into illnesses.

She has defined the science of energy anatomy and the human energy system, as well as developing academic programs, bringing this form of diagnoses and healing

Health Ministry News, Continued

(Continued from page 4)

to the field of allopathic medicine. Her work with Norman Shealy, MD, PhD, a neurosurgeon, has helped define how stress and difficult emotional states contribute to the formation of disease. More recently, Myss and Shealy founded the Institute for the Science of Medical Intuition, focusing on extensive trainings for medical intuitives. Caroline Myss's work as a medical intuitive, speaker and author has brought her worldwide recognition.

Caroline Myss's first and bestselling book *Anatomy of Spirit: The seven stages of power and healing* was published in 1996. It outlines the science of intuition and its application to energy medicine based on ten years of empirical research and diagnostic means. In *Why people don't heal and how they can* she provides insights, rituals and prayers to help readers disconnect from a culture of wounds and reconnect with an inner and outer spiritual energy. In her newest book *Scared Contracts: Awakening Your Divine Potential* she explains how to identify particular spiritual energies and use them to discover a beings purpose on earth. "Your potential for success in life is determined by how greatly you value who you truly are." – Caroline Myss.

Lama Dudjom Dorjee is a highly distinguished teacher in the Kagyu order of Tibetan Buddhism. Born in Tibet and raised in India, he earned an Achary degree in Buddhist philosophy at Sanskrit University in Varanasi, India (equivalent to a Master's degree). He then completed the traditional Tibetan Buddhist Retreat. This three year intensive and secluded retreat is comparable to earning a PhD in meditation and Buddhist spiritual practices. Lama D. Dorjee has been teaching Dharma (commonly translated as universal truth) in the west since 1982 and is now the resident Lama at the KTC Dallas Meditation Center. He is known for his joy and humor, as well as his skill in presenting meditation practices in a clear and practical way to westerners.

In addition to the three keynote speakers, there are ten additional speakers.

Barbara Dossey, with passion and a persuasive eloquence, is expanding the domain of traditional nursing. As a pioneer in the holistic nursing movement, she works to advance the practice and philosophies of holistic care, both within the health professions and in the lives of lay people. Dossey articulates how healing is promoted by attending to the delicate interaction of body.

Jonathan Goldman, master teacher, musician, chant master and sound healer, is a pioneer in the field of harmonics and an authority in sound healing. He has

studied with masters from both the scientific and spiritual traditions, including the Dalai Lama's Chanting Guyton, the Gyemea Monks.

Judith Hanson Lasater is a well-respected yoga instructor and author. With a background in physical therapy and a doctorate in East-West psychology she teaches workshops throughout the US and abroad. Ms. Lasater studied with B.K.S. Iyengar in India and the United States and is president of the California Teacher Association.

Carol Hwoschinsky is a licensed counselor, educator, and mediator. She serves as training director and facilitator for The Compassionate Listening Project fostering dialogue and reconciliation between parties in conflict in the Middle East, Europe and the United States.

Amelia Kinkade - animal communicator, international speaker, instructor, and author – is considered to be one of the most exceptional inter-species communicators and telepathics of today. She is celebrated by veterinarians, animal rescue organizations, and animal lovers for her ability to bridge the communication gap between species.

David Morehouse has had a notable military career. As an Airborne Ranger company commander, master parachutist, scuba diver and special operations soldier, his distinctive military skills placed him in a select group of army officers. During his military service he was wounded and went through a spiritual transformation.

Christine Page has thirty years experience in a variety of medical professions including obstetrics, gynecology, pediatrics, family practice and homeopathy. Her interest and expertise in a wide range of healthcare practices enabled her to have an instrumental role in integrating complementary medicine into the British National Health Service.

Jan Phillips' search for inner peace and a creative life lead her around the world. Blending east and west, art and activism, reflection and ritual, Jan's transformational presentations inspire conscious living and a commitment to a creative life. A visionary with her eye on the future and her heart in the present, she is an invigorating speaker and story-teller.

Pamela Smith MD, MPH spent the first 22 years of practice as an emergency room physician at the Detroit Medical Center. In addition to her medical degree, she also has a master's degree in public health. Smith is an internationally known speaker and author on the subjects of wellness and anti-aging.

Michael Tierra has been the inspiration and mentor for an entire generation of herbalists. Skilled in western and ayurvedic herbal medicine, he received his Oriental Medical Doctor degree from the San Francisco College of Acupuncture. He has been in clinical practice for over 25 years, integrating eastern and western forms of healing.

Health Announcements

Blood Pressure Screening: During summer get your blood pressure checked as announced.

A Voice in the Wilderness



Youth and Children's Corner

KEEP YOUR EYES
AND EARS OPEN
FOR THE NEXT
FAMILY NIGHT.

Father's Day Family Night, Cally, McKee

Wednesday, June 16th, was a family night at the church in celebration of Father's Day. Gloria Collier and Mary Thompson headed up this effort and a great time was had by all. The men (with a little help) grilled up some burgers and a wonderful meal was had by the young and older that attended. Fishing was to come after dinner, but due to slightly inclement weather and a fast running creek we opted for conversation and games in the yard. Keep your eyes and ears open for the next family night and be sure to put it on your calendar. These are fun events, a great way to get to know others at the church, and remember "family" means everyone, not just people with kids.



Music Notes, Coralee Petersen

I'm still waiting for some of those requests for your favorite hymns--the postage paid post cards are on the piano at the church. Address one to yourself, write down the name (or first line) of the music you would like to hear on the other side, and I will send it back to you and let you know when the music will be used.

Our Ranch Mass will be August 1, at 10:00 AM and we will be getting a choir together

to lead the music. There will be a potluck picnic and a choir practice at the Petersen house, Sunday, July 18th, at 5:00 PM. If you like to sing, please come join us. You need not be a choir regular, and future commitment will not be assumed! For the last few years we have had some folks from Bondurant join in the choir, and we have great fun singing. So, even if it is only for this one occasion, you are welcome to be part of this spec-

acular singing group! Let me know if you plan on coming to the picnic--spouses and families are welcome, too. I will provide hamburgers and hot dogs, and maybe can orchestrate people's contributions so we end up with a variety of food. It will also help to know how many people to plan for. Coralee Petersen
367-4627
cpeterse@wyoming.com



July 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HE= Holy Eucharist	MP=Morning Prayer			1 8 am MP II	2	3
4 8:30 am HE II 11:15 am Bondurant HE II	5 10:45 am, Ret Center HE II	6 8 am MP II	7 8 am MP II 12:15 pm HE II	8 8 am MP II	9	10
11 8:30 am HE II 11:15 am Bondurant HE II	12 10:45 am Ret Center MP II 7:30 pm Bishop's Cmte	13 6:45 am Wor-ship Cmte 8 am MP II	14 8 am MP II 12:15 pm HE II	15 8 am MP II	16	17
18 8:30 am HE II 11:15 am Bondurant HE II	19 10:45 am Ret Center MP II	20 8 am MP II	21 8 am MP II 12:15 pm HE II	22 8 am MP II	23	24
25 8:30 am HE II 11:15 am Bondurant HE II Newsletter Dead- line	26 10:45 am Ret Center MP II	27 8 am MP II	28 8 am MP II 12:15 pm HE II	29 8 am MP II	30	31

A letter from Judy Martin

As most of you already know, I married my lifelong friend, Don Likwartz, on May 30th. His job as the State Oil and Gas Supervisor is in Casper, which means I'll be moving to Casper by the end of the summer. I will still be around Pinedale off and on and look forward to seeing all of you before I leave. I still have my Pinedale phone no. (367-2410) so give me a call.

I want to thank the St. Andrew's church family for all the love, encouragement and sup-

port you've given me over the past 20 years (yes, I've been around for that long!), especially when I was preparing for my ordination as a deacon and serving as your deacon. I am taking a one year's leave of absence from the diaconate, so, even though you might encounter me at church on Sundays, I will be part of the congregation and not serving as a deacon.

I leave Pinedale and St. Andrew's with mixed feelings because I love it here so much;

but I know I'm going to a good place and a new life and relationship with Don. I ask for your prayers as we venture forth. My new information is as follows:

Judy Likwartz
P. O. Box 51447
Casper, WY 82605
307/237-4590

Please stay in touch, and let me know if you're going to be in the Casper area so we can get together. Thanks again for all you've given me and done for me.



Judy Martin



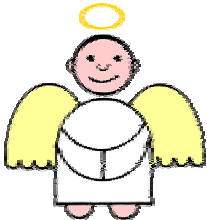
Celebrating Christ in Community

ST. ANDREW'S IN THE PINES EPISCOPAL CHURCH

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Pinedale, Wyoming**

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**Advertisements and
Sponsorships available for
the newsletter and web
page. See Irene!**



Fran Milde and Irene Wherritt donated funds for the printing of this newsletter. Thank you!

Pie Sale!



It's almost time for the annual St. Andrew's Rendezvous Pie Sale. This year the sale will be on Saturday, July 10th, 10:00 AM to 3:00 PM (or until pies are gone). There will be an all day (9:00 to 5:00) pie making marathon on Friday in the church undercroft, and we need help! You don't have to be a pie baker to help, there are all sorts of "flunky" jobs

available! Let Coralee Petersen (367-4627 or cpeterse@wyoming.com) know if you can help. Of course, you are always welcome to just show up! And if you can only be there part of the day, that's fine, too. If group bonding at hard labor is not your cup of tea, you can also make your own pies at home--we need all the pies we can get. It is best to put your pies in foil pie

plates that do not have to be returned as customers often want to buy a whole pie. There will be foil pans at the church on Sunday, July 4th, for you to take if you will be making your own pies at home. Marilyn Huffman (367-2178) will be organizing help for the sale on Saturday, so if you are available to help with that, let her know.